

# Welcome to the Future



By embarking on this journey you are showing commitment, passion and dedication towards the reputation and good will of your organisation.

Any organisation that is invested in the well being of their employees is an organisation that is destined to succeed.

Steve Jobs once said "Great things in business are never done by one person, they're done by a team of people."

Figi Saleh

### Know Your Trainer





- My name is Gigi Saleh, an ACC-accredited Mindset Coach,
  Corporate Energetic Trainer, and founder of The Future of Executive Performance.
- With over 45 years in leadership across industries, including finance, construction, tourism, and international development. I have led teams, driven transformation, and held a key role with USAID.
- As General Manager of one of Egypt's top technology and AI firms,
  I saw firsthand how energy, mindset, and leadership behaviour
  directly impact performance and results.
- Today, I help organisations build high-performing, resilient teams through behaviour change, mindset shifts, and well-being strategies, so they can thrive in fast-paced, high-pressure environments.



# Our Mission & Vision

At Executive Performance it is our Vision to redefine performance by aligning human potential with organisational ambition, where energy, authenticity, and strategy drive sustainable growth.

Our Mission to empower corporate leaders and teams through a unique blend of behavioural science, Mindset strategies, Nervous System Regulation, NLP, Human Design, and impactful executive coaching to build energised, resilient, and high-performing teams that can thrive.

### The Problem We Solve



We solve some of the biggest challenges that are faced by corporates today, such as:

- Mental Health & well-being of the employees
- Burnout and disengaged leadership
- High-pressure environments with low emotional resilience
- Resistance to change and low adaptability
- Lack of alignment between leadership behaviour & business goals
- Disharmonious team dynamics
- Lack of self-awareness & emotional intelligence
- Inability to retaining top talent

# My Unique Approach



This is what sets me apart from other training programs:

- Corporate Energetic Training: energising leadership from within
- Human Design Profiling: tailor strategies based on individual operating models
- NLP Techniques: rewire limiting beliefs and behaviour patterns
- Well-being Integration: align performance with sustainable health and energy
- Customised Programmes: designed to meet the unique needs of your team
- **Transformational Coaching**: designed to uplift the mental health & well being by mixing strategy with Energy.

# Results You Can Expect



- Workplace Happiness
- Empathic leadership
- Higher team engagement and morale
- Better conflict management & problem solving techniques
- Sustainable performance without burnout
- A culture of accountability, energy, and innovation
- Increased Productivity
- Agility during changes

# My Executive Coaching Structure

Gigi Saleh

1.	Personality Profiling
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2.

Team Dynamics & Harmony

3. High Energy & Frequency Training

4. women Empowerment

5. Innovation & Creativity

6. Personal Branding

8.

Leadership Blind Spots

The Art of Energetic Sales

# Our Executive Coaching Structure



#### MONTH 1

#### 1.Personality Profiling

- The Self-Discovery Map
- Your Emotional Mood Board at Work

#### 2 Team Dynamics & Harmony

- How to build a world Class Team
- Perspective Positioning

#### 3. High Energy & Frequency Training

- The Motivation Myth
- Nervous System Resilience & Stress



# Our Executive Coaching Structure



#### MONTH 2

- 4. Women Empowerment
  - Techniques to Build Confidence
  - The Queen Effect
- 5. Innovation & Creativity
  - Work-Life Balance myth
  - Healing Burnout Decode your `brainSCORE
- 6. Personal Branding
  - The 3 Level of Branding
  - Become the #1 Devotee of your brand



# Our Executive Coaching Structure



- 7. Emotional Intelligence & Empathetic Leadership
  - Moving from Perfectionism to Progress
  - Developing Growth Mindset in Teams
- 8. The Art of Energetic Sales and Delivery
  - Understanding the Yin (women) & Yang (men)
    Energy
  - Integrat



# The Training Schedule



While we have a well-defined training framework, we like to maintain a level of flexibility to ensure the program aligns with both your organisational needs and employee engagement patterns. So while we provide the recommended structure below, you have the option to choose the time, duration and frequency of the sessions based on your organisational needs.

Recommended Training Duration: Total of 4 months.

*Number of Monthly Sessions:* There will be 2 sessions each month, sessions include play sheets, prompts, questions and interaction to ensure embodiment to the organisation's DNA.

Recommended Session Duration: 4 hours with one coffee break.

Recommended Time: 9am to 1pm.

### The Investment



We aim to design a program that delivers maximum impact while supporting your business priorities and budget.

The investment will be shaped according to the agreed session frequency, ensuring the structure remains aligned with your objectives and delivers meaningful value.

